

# Sally Lancaster

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## LOOKING FOR

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New contacts / networking /  
customers / projects large  
or small

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## AVAILABILITY

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Any hours  
Any days  
Hourly or per project pay

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## TRAITS

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Motivated  
Conscientious  
Upbeat  
Organized  
Always learning new skills  
Diffuser of disgruntled people  
Great at training others  
Detail oriented

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## CONTACT INFO

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Sally Lancaster  
  
Palm Coast FL

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## LANGUAGES / APPLICATIONS

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PHP	Photoshop pro
MySQL	InDesign
XHTML	Illustrator
HTML	PDF - Adobe Acrobat
CSS	Microsoft apps
Javascript	Macromedia Flash
DHTML	I Code by hand using StarPHP, bbedit, or other

Education: I learned PHP and other skills on my own to add to income as a stay at home mom. It has become my career.

Currently Learning: Flash, Ajax, Java, Actionscript

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## SKILLS ACQUIRED

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- 10 years experience programming web database systems, websites, shops, and intranet sites using various programming languages
- 12 years working with a PC, MS Office, Macromedia and Adobe layout, design and office programs
- 5 years experience working on a Mac using os9 and osX
- 3 years Training 12-20 people in Photoshop, InDesign, Adobe Acrobat in an Art department, and overseeing quality of their work
- I have worked in childcare, teaching, and youth event coordination
- 15 years experience volunteer counseling troubled women
- 7 years experience in Customer Service positions
- 12 years giving technical computer help, customer service

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## WORK HISTORY

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September 2005 – Present - *Freelancing*, creating web sites for various companies and organizations, projects ranging \$15-25 per hr.

### *Healing Hearts Ministries International*

September 2005 – Present - Internet database membership type system for counselors and their clients, e-commerce through Viaklix gateway, principal designer and programmer, \$15 per hr.

Contact: Executive Director, Sue Liljenberg 1-888-792-8282

### *Premier School Agendas*

March 2000 – September 2005 - Versatile Product Team member and trainer. This company is a million dollar company that prints custom school agendas for schools across the nation. In addition to processing artwork and assisting my boss, I created a training site on their intranet to train summer hires. \$13 per hr +bonuses.

<http://www.premier.us/>

Contact: Versatile Team Lead, Jessica Mattingly 1-800-221-1165

1992-2000 *Freelancing*, creating web sites for various companies and organizations.

Also...

[www.calvarynw.com](http://www.calvarynw.com) - a small javascript menu driven site, housing audio files, a custom CMS

[www.staciechappell.com](http://www.staciechappell.com) - custom CMS

[www.pixsit.com](http://www.pixsit.com) - small hobby business site, custom Paypal shop

[www.legalnursing.com](http://www.legalnursing.com), [www.1001questionstoask.com](http://www.1001questionstoask.com)